



Fears of going to college

COUNSELOR (V.O.):

So the school year is almost over. Next fall you'll be going to college.

TROUBLEMAKER:

Yeah, crazy that I got in right? I didn't think any college would appreciate my many talents.

COUNSELOR (V.O.):

How are you holding up?

POWWOW DANCER:

I'm really nervous, to be honest. I think some of my classes are going to be really tough.

PRINCESS:

I'm excited! Um hello, new wardrobe!

Oh. I'm nervous, but I think I'll do okay.

ROCKER:

I guess I feel like I'm at the start of something new.

COUNSELOR (V.O.):

What do you mean?

ROCKER:

Like I'm at the beginning of this new generation of my family that goes to college now.

RANCH KID:

Bring it on! I got all my books and I'm ready for classes.

TEEN MOM:

Now that I have my schedule and housing stuff figured out, I'm relieved. I can just focus on my son and still fit classes in. Yay! High five!

COUNSELOR (V.O.):

You know, some students may experience homesickness and culture shock.

JOCK:

Ah, I'm not homesick! I only have allergies!

TROUBLEMAKER:

Culture shock? I've seen what's on the internet. I'm not shocked by anything.

COUNSELOR (V.O.):

Culture shock is when people experience difficulty in adjusting to a new culture that differs from their own. Most students handle the transition very positively. Other students are experiencing the same changes at college.

JOCK:
What's up?

RANCH KID:
Howdy.

COUNSELOR (V.O.):
Seek school counselors and support programs such as multicultural advisors, American Indian services or student support programs. They can help with culture shock and the transition to college.

ADVISOR:
Here's a map of the campus. This is the admission's office, then the registrar's office, and this one is the financial aid office.

POWWOW DANCER:
So is that where I go to do my loans?

ADVISOR:
Yes, we have applications for student loans there.

POWWOW DANCER:
Okay.

COUNSELOR (V.O.):
People are employed at the college to help you. They want students to feel comfortable in visiting with them if they are having concerns. You are not alone in the transition to college.

During orientation, colleges sometimes provide informative sessions about transitioning to college.

Information sessions may include topics such as: how to locate a counselor, finding a peer mentor, how to join a student support club, how to meet new people, campus clubs, and activities.

A hand-out about transitioning to college may also be given to students with information and contact phone numbers for counseling or support services.

For more information visit your college's web site and search for student services or call your college's admissions counselor for a list of student service programs.

COUNSELOR (V.O.):
You'll do fine. Good luck! Stay out of trouble!

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Prepare for College

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